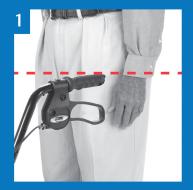
Adjusting the handles and seat hight







Carex® offers several styles of rollators and accessories for easy mobility, maneuvering, and convenience.

HOW DO I ADJUST MY ROLLER WALKER?

- 1. Stand with your shoulders relaxed and your arms hanging loosely at your sides.
- 2. The handlebar height should be at the crease of your wrist when your arms are relaxed at your sides.
- 3. Loosen the knobs on the outside of the handlebars, remove the bolts, then move the handlebars to the desired height.
- 4. Re-install the bolts and screw the knobs to the bolt. Ensure the bolt head is properly aligned with the hole before tightening fully.
- 5. When sitting on the seat the balls of your feet should touch the ground.

HOW DO I USE MY ROLLER WALKER?

- 1. Push the walker forward, allowing it to roll forward with control as you step forward.
- 2. To slow the walker down, squeeze or pull up on the handbrake.
- 3. Before using the seat, activate the parking brake.
- 4. To release the brake, carefully squeeze the brake handles again, being careful not to pinch your fingers.