## MERIDIAN MEDICAL FALL MAT

Item #: FM7220 UPC: 8 15067 07442 6



#### Introduction:

Thank you for choosing the Meridian Medical Fall Mat. This product may help reduce the severity of injuries due to falls when used as directed. Impact reduction will vary based on the floor surface on which the mat is placed, the weight of the patient and other possible factors. Before use allow up to 24 hours for the fall mat to fully flatten. Upon opening, the fall mat may emit a slight odor, this will dissipate within a few days.

#### **Indications for Use:**

A fall mat is intended to be placed at the bedside to decrease force and reduce injury risk should a patient exit the bed unattended and fall.

(I) WARNING: DO NOT ATTEMPT TO USE THE FALL MAT WITHOUT READING ALL INSTRUCTIONS AND WARNINGS CAREFULLY. FAILURE TO COMPLY MAY RESULT IN SERIOUS INJURY.

#### Contraindications:

There are no contradictions for the use of this product.

#### **Instructions for Use:**

The fall mat is to be placed at the side of the bed the patient exits from and **MUST** only be placed there when the patient is resting in bed. When not in use, stow the fall mat safely where it does not create a hazard (e.g., when patient is standing and ambulating). Impact reduction will vary based on the floor surface on which the fall mat is placed, the weight of the patient and other possible factors.

#### **Cleaning and Maintenance:**

- The fall mat is resistant to many types of chemicals and immediate moisture contact, and proper care will help increase the longevity of this mat. Air drying is the recommended drying method.
- **Disinfection** Between patients or as necessary, with a paper towel of soft rag, apply rubbing alcohol (Isopropyl1 Alcohol/IPA) to the surface of the fall mat. Allow the fall mat to fully air dry before use.
- Surface Cleaning As necessary, use a paper towel or soft rag to clean with mild detergent or soap with warm water.
  Ensure that ALL soap residue is removed and allow the fall mat to fully air dry before use. If needed, excess water should be removed quickly with a soft absorbent cloth.
- Handle the fall mat with care, do not drag or pull to avoid product damage.

# **WARNINGS:**

Compass Health Brands Corp. assumes no responsibility for any damage or injury caused by improper installation, assembly, or use of this product.

- The fall mat may require a few days to fully flatten depending on the floor surface and ambient room temperature. Upon opening, creasing may be present, which will lessen over time. This does not affect the mats performance.
- For patients who stand on the fall mat, if the fall mat is not stowed before standing, may be at greater risk for falls if the patient has decreased balance or loss of lower extremity sensation. It is important to stow the fall mat if you are preparing to assist the patient to stand or transfer.
- The fall mat may be a trip hazard. **ALWAYS** exercise caution when stepping on or off the fall mat. To avoid a tripping risk, inspect the fall mat for curled edges, and if present, **DO NOT USE**.
- **ONLY** use the fall mat when a patient is in bed.
- **DO NOT** leave the fall mat next to the bed if there is no occupant in the bed.
- **NEVER** roll wheeled devices over the fall mat, including wheelchairs, transport chairs, walkers or patient lifts, as this may cause damage to the fall mat and/or cause the wheeled device to become unstable.
- **NEVER** use direct heat (>120° F) to dry the fall mat, air drying is the recommended drying method.
- KEEP away from corrosive chemicals and flammable sources.
- DO NOT expose to direct sunlight.

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# **WARNINGS** (continued):

- **DO NOT** soak in water.
- **DO NOT** leave any heavy and hard objects on the fall mat.
- **DO NOT** use if damaged.

#### /\ CAUTIONS:

- Upon opening the fall mat, the floor mat may emit a slight odor; this will dissipate within a few days.
- The fall mat may be slippery when wet. **NEVER** use or place the fall mat on a floor surface unless the fall mat **AND** the floor are completely dry.
- The fall mat is not recommended for use in areas or environments that are constantly wet or where the fall mat may become regularly wet. The fall mat has a smooth surface that can retain a thin layer of water resulting in a slippery surface.
- Fall mats should be removed during intentional mobility of the patient so that they don't contribute to instability of the patient or pose a tripping hazard.

## **Specifications:**

Length: 72" (+/- 0.5") Width: 20" (+/- 0.5") Height: 0.75" (+/- 0.04")

Durometer: Shore C 28 +/-5 Density: 0.2g - 0.23 g/cm3

## **Limited Warranty:**

Compass Health Brands Corp. warrants this product from manufacturing defects for 12 months. Failure to use and care for the Meridian Medical Fall Mat as directed will void this warranty. Normal wear and tear due to use and/or abuse is not covered.

#### Manufactured for:

Compass Health Brands Corp. 6753 Engle Road, Middleburg Heights, Ohio 44130 Tel: (800) 376-7263

www.compasshealthbrands.com

SAVE THESE INSTRUCTIONS!