# Bed Mounted or Free Standing Trapeze

PBST-TRPZ - Bed-Mounted Trapeze PBST-FLR - Floor Trapeze

The free-standing trapeze is designed to provide support to the user while changing positions in bed only and **NOT** for transitioning in and out of bed. This is an assistive tool only and is **NOT** intended to support the full body weight of the user.



# **Product Dimensions**

Size	69"h X 40"w X 32"d		
Boom Length	34"		
Boom Swivel Range	0° - 180°		
Product Weight	54 lbs.		
Shipping Weight	57 lbs.		
User Weight Capacity	250 lbs.		
Safe Working Load	168 lbs.		

# **INDICATIONS FOR USE:**

The trapeze is an assistive device that may be used by those with sufficient upper body strength to lift a portion of their bodyweight. Prior to use, a qualified healthcare professional should determine the safety and suitability of using this device by the patient.

# CONTRAINDICATIONS FOR USE:

There are no specific contraindications for use, if the patient has been assessed by a qualified healthcare professional and the trapeze has been approved for patient use.

This manual MUST be given to the user of the product. BEFORE using this product, read this manual and save for future reference.

# ASSEMBLY INSTRUCTIONS



# **WARNING**

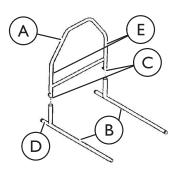
**DO NOT** install while the bed is occupied.

# ASSEMBLING THE FLOOR BASE

- Install the "A" frame A into the floor base assembly B with the snap buttons C facing the short length D of the floor base.
- Depress the snap button on one leg E of the "A" frame and slide it into the floor base assembly until an audible "click" is heard.

**NOTE**: Make sure that the snap button fully protrudes through the adjustment hole of the floor base assembly. This ensures that the Floor Base is properly installed and securely locked in place.

3. Repeat STEPS 1 and 2 for the opposite side.

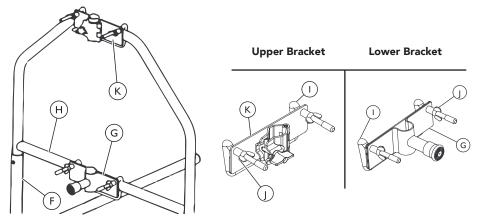


# ATTACHING BRACKETS TO THE FLOOR BASE/BED END ATTACHING BRACKETS TO THE FLOOR BASE

- 1. Place the floor base **F** on a flat surface.
- 2. Position the lower bed bracket **G** in the center of the bottom rail **H** of the floor base with the tubular hook **I** facing down.
- 3. Securely tighten the wing nuts **J** to secure the lower bed bracket to the floor base.

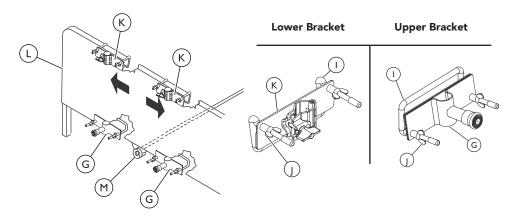
# ASSEMBLY INSTRUCTIONS (CONT'D)

- 4. Position the upper bed bracket **K** in the center of the top rail of the floor base with the tubular hook **I** facing down.
- 5. Securely tighten the wing nuts **J** to secure the upper bed bracket to the floor base.



# ATTACHING BRACKETS TO THE BED END

- Position the lower bed bracket G in the center of the bottom bed frame L. The lower G bed and upper K bed brackets K MUST be positioned as close to the center of the bed as possible without interfering with the bed drive shaft M.
- 2. Tighten wing nuts  ${\bf J}$  to secure lower lower bed bracket onto bottom bed frame.
- 3. Position the tubular hook of the upper bed bracket **K** so it rests on the top rail of bed end with the tubular hook facing down.
- 4. Securely tighten the wing nuts to secure the upper bed bracket to the top rail of the bed end.



# ASSEMBLY INSTRUCTIONS (CONT'D)

# **INSTALLING THE TRAPEZE**



# **DANGER - RISK OF INJURY OR DEATH**

To avoid risk of falling or other injuries:

- DO NOT INSTALL OR ADJUST TRAPEZE OF AN OCCUPIED BED.
- DO NOT attach swivel trapezes to the floor base. This may cause the floor base to tip over.
- Floor Base **MUST** be positioned under the bed at the headboard position.
- Install the upper bracket K and lower bracket G onto the floor base for bed end L. Refer to Attaching Brackets to Floor Base or Attaching Brackets to Bed End.
- 2. Put the lower offset bar **N** through the clamp on the upper bed bracket and through the socket in the lower bed bracket.
- Securely tighten the wing nut O on the clamp on the upper bed bracket to the lower offset bar in place.
- Put the upper offset bar (boom) P onto the insert bar Q that is welded onto the lower offset bar.
- 5. Make sure the upper offset bar is fully seated.
- 6. Place the lock pin  ${f R}$  through the holes in the upper offset bar and insert.
- 7. Secure the D-loop **\$** around the pin.
- 8. Secure the lanyard **Z** through the lock pin loop and through the upper offset bar.
- 9. Install and adjust the height and/or position of the trapeze. Refer to the next section.

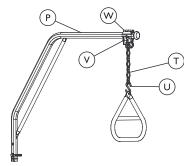
# INSTALLING/ADJUSTING THE TRAPEZE TRIANGLE GRAB BAR

# Height

1. Position any of the lower chain links  ${\bf T}$  onto the "S" hook  ${\bf U}$ .

### **Position**

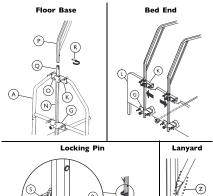
- 1. Loosen trapeze key **V** by turning counterclock-wise.
- 2. Slide the clamp **W** to desired position on the upper offset bar **P**.
- 3. Secure the trapeze clamp to the offset bar by turning the key (V) clockwise.





# WARNING!

Prior to patient use, be sure to tighten the trapeze clamps onto either the bed or the Trapeze base



# **OPERATION**

# REPOSITIONING IN BED OR TO ASSIST GETTING OUT OF BED

- 1. Adjust the height of the trapeze triangle grab bar so the user may fully and firmly grasp the triangle grip with both hands without stretching.
- 2. Position the triangle grip above the middle of the users' chest by loosening the thumb screw and moving the slide ring. **ALWAYS** retighten the thumb screw before use.
- 3. Firmly grasping the triangle grip, the user should pull with both arms evenly, straight down (**NEVER** at an angle) to help reduce risk of injury.

**DO NOT** use the trapeze to lift or reposition oneself, unless both hands are firmly grasping the triangle grip and the user is positioned directly below the upper offset bar **P** (boom).

# MAINTENANCE & CARE

At least once a month, inspect all hardware for tightness, fatigue or rust and rubber tips/grips for excessive wear. **ALWAYS** replace the chain, triangle, and/or slide ring/thumb screw, or **ANY** other parts, if they show signs of excessive wear.

Clean the trapeze triangle at least once a month **AND** between patients. Clean the trapeze stand every 6 months. Use mild soap and water, **DO NOT** use abrasive cleaners, allow the trapeze to dry completely before use.

# TRANSPORTING THE TRAPEZE

# Within a Single Location or Area

The trapeze can be moved by one or two persons, subject to the strength and capability of those person (s). The slider feet are designed to make sliding the trapeze easier. Subject to the area of movement/distance, the trapeze may be left fully assembled.

- **ALWAYS** secure the hanging triangle grip before moving the trapeze to avoid injury. To reposition the chain/grip loosen the thumb screw and move the slide ring closer to the mast where the triangle grip may be secured against the mast.
- **NEVER** tip the trapeze when moving to avoid possible injury.
- ALWAYS slide the trapeze on the floor to avoid the trapeze falling and causing personal injury, damage to the trapeze or to property.

# Disassembling for Storage or to Move to Another Location

The trapeze may be fully disassembled for storage or transport. **ALWAYS** pack components with protection materials (e.g., foam pellets) to prevent damage to the trapeze. Follow the assembly instructions in this guide when re-assembling the unit. **ALWAYS** replace any parts that have been damaged during disassembly, transportation or re-assembly.



- DO NOT use to support full body weight. This device is intended to assist a user ONLY
  while they are positioned on the bed, ALWAYS maintain contact with the bed when using
  the trapeze. The maximum user weight capacity of this trapeze is 250 lbs/113 kg and the
  safe working load is 168 lbs/76 kg. ALWAYS observe the weight limits.
- After assembly or transport of the trapeze, ALWAYS check that hardware is securely tightened BEFORE use.
- **DO NOT** use this device without proper instruction and supervision from a healthcare professional. It is the responsibility of the patient's physician and caregiver to assess the patient and determine which devices and accessories are needed to support and protect the patient, while limiting risk to the patient. Use of fall protection, pressure management, and transfer assistance mechanisms should be considered, as appropriate.
- **DO NOT** hang from, stand on, or climb the trapeze stand.
- **DO NOT** hang objects from the trapeze stand.
- Take care when positioning the trapeze triangle to allow for proper user head clearance.
- ALWAYS position the triangle directly above the user. When using the trapeze with the
  floor mount legs, ALWAYS ensure the locking pin is properly engaged to keep the boom
  and grab bar parallel with the legs.
- DO NOT modify or replace parts. If replacement parts are needed, contact an authorized ProBasics dealer.
- **DO NOT** use the trapeze on uneven/rough/sloping ground. Unsuitable surfaces could cause the device to tip.
- **DO NOT** install or adjust the trapeze while the bed is occupied.
- This is **NOT** a toy. **DO NOT** let children play on the trapeze.
- **ALWAYS** check tightness of hardware, if the trapeze is disassembled and reassembled for transport.
- ALWAYS use CAUTION when moving the trapeze, as moving the unit on uneven surfaces may cause the trapeze to tip.
- ALWAYS grab the triangle with BOTH hands and ONLY pull straight down; NEVER pull
  at an angle.

FAILURE TO USE COMMON SENSE AND HEED THE ABOVE WARNINGS FURTHER INCREASES RISK OF SERIOUS INJURY. USE AT YOUR OWN RISK AND WITH APPROPRIATE AND SERIOUS ATTENTION TO SAFE OPERATION. USE CAUTION.



# NOTICE TO A PROPERTY OF DEATH

To avoid risk of falling or other injuries:

- After ANY adjustments, repair or service and BEFORE use, make sure that all attaching component parts are secure.
- DO NOT INSTALL OR ADJUST TRAPEZE WHEN THE BED IS OCCUPIED
- DO NOT attach swivel trapezes to the floor base. This may cause the floor base to tip over.
- Floor Base MUST ALWAYS be positioned under the bed at the headboard position.
- ALWAYS ensure that the snap buttons fully protrude through the adjustment hole of the floor leg assembly. This ensures that the Floor Base is properly installed and securely locked in position.
- Use **ONLY** the trapeze triangle provided with this device or an approved replacement provided by Compass Health Brands.
- Inspect ALL part prior to assembly. If ANY parts are damaged or missing, DO NOT ASSEMBLE; contact the dealer or Compass Health Brands to obtain replacements.

# LIMITED WARRANTY

The steel frame of this ProBasics product is warranted to be free of defects in materials and workmanship for one (1) year after purchase to the consumer purchaser.

This device has been manufactured to exacting standards and carefully inspected prior to shipment. This warranty is not transferable and only available to end user consumer owners.

This warranty does not cover failure due to owner misuse or negligence, or normal wear and tear. This warranty does not include non-durable components, such as rubber accessories, casters, wheels, chains or grips, which are subject to normal wear and need periodic replacement.

If you have a question about your ProBasics product or this warranty, please contact an authorized ProBasics dealer.

# **COMPASSHEALTH**

Manufactured for: Compass Health Brands Middleburg Heights, OH 44130 Toll-free: 1- 800-376-7263 www.compasshealthbrands.com 42-PBST\_Standard\_Trapeze\_02 Made in China